



# A simple solution to manage diabetes your way.

Enjoy more flexibility and control when you manage your diabetes with the mySugr app. Collect all your diabetes data in one place! Seamlessly and safely share it with your health care team for less hassle, more insights, and better therapy outcomes.<sup>1-8</sup>

#### Download the mySugr app today!



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# Take a look at the plus side.

A solution that adds information and reduces guesswork for you.







#### Brings it all together.

The mySugr app brings together your insulin doses, blood sugar results and details you add about exercise, meals and stress in one simple app. Your great support for your next doctor's visit.



## One smart system makes every test simple.



Blood sugar testing should be fast and easy. The Accu-Chek Guide system is designed to give you the clever features that help make it easy to test anywhere and keep track of your results instantly. Giving you more time for what's important to you.



### Adds every dose, so you don't have to.

The NovoPen® 6 smart insulin pen automatically tracks your insulin dose, time, date, and you can transfer the data via NFC technology.

Every detail in one place.

## All your diabetes information in one place.

- **Download the mySugr app** and create a mySugr account.
- 2 Connect your meter with the app.

On your smartphone, make sure Bluetooth is turned on. In the mySugr app, select "Connections". Select "Accu-Chek Guide", then "Connect now". Follow pairing instructions.

3 Next, connect your insulin pen with the app.

On the "Connections" screen, select "NovoPen®", then "Connect now". Follow pairing instructions.

In the mySugr app you can now visualize the glucose and the insulin data together.

The glucose data will be imported from the connected blood glucose meter, and the injection data will be imported from your connected smart insulin pen.

All in one place.

